

PO Box 1307, MANDURAH WA 6210

# 2018 Australia Day Open Water Swim

1 km, 2km and 4 km

Friday, 26 January 2018

# **EVENT DETAILS**





















# **TABLE OF CONTENTS**

1.0 INTRODUCTION	3
2.0 VENUE& COURSE MAPS	3
2.1 Venue Map	3
2.2 Presentation and Registration Area	4
2.3 Course Map	4
3.0 COURSE	5
3.1 Course Details	5
4.0 EVENT OFFICIALS	6
5.0 ENTRIES	6
6.0 RACE DAY SCHEDULE	7
7.0 RACE DAY REGISTRATION	8
8.0 SWIM CAP COLOUR	9
9.0 COMPULSORY SWIMMERSBRIEFING	9
10.0 GENERAL RULES (APPLICABLE TO ALL SWIMMERS)	9
10.1 Rules	9
10.2 Referee	9
11.0 START PROCEDURE	10
12.0 CANCELLATION	10
13.0 PRIZES	10
14.0 REFRESHMENTS	11







### 1.0 INTRODUCTION

The 2018 Australia Day Open Water Swim is run by Mandurah Masters Swimming Club Inc. and is to be held on Friday the 26th January 2018.

The Eventwill be conducted according to MSWA Local OWS Rules, utilising a rectangular course set in the boating exclusion zone at Doddi's Beach on Halls Head Parade, Halls Head.

The Eventoffers the choice of three swim distances:

- A 1 km solo swim (one lap of the course), which is open to all swimmers from 11 years up.
- A 2 km solo swim (two laps of the course), which is open to all swimmers from 12 years up.
- A 4 km solo swim (four laps of the course), which is open to all swimmers from 12 years up.

#### 2.0 VENUE& COURSE MAPS

The overall Venue Map below shows the location of the Registration Area, St John Ambulance 1<sup>st</sup> Aid Post, Briefing Area, Start line, In-water Finish Gate, Recovery Zone and Presentation Area.

The Map of the Registration/Presentation Area shows the location of marquees and banners.

The Course Map shows the course and buoy layout in detail.

All three Maps will be on display on the Notice Board in the Registration Area prior to the Compulsory Briefing.

The course for each swim will be explained at the Compulsory Swim Briefing.

## 2.1 Venue Map







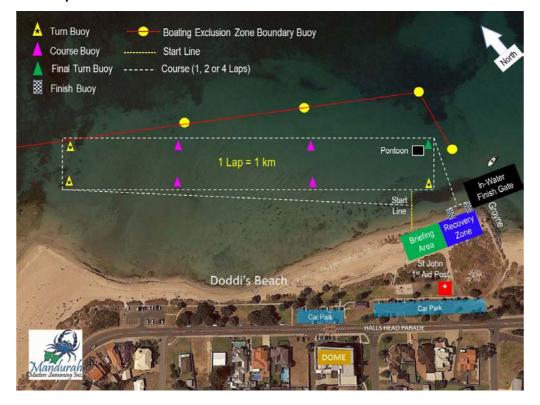




# 2.2 Presentation and Registration Area



# 2.3 Course Map











# 3.0 COURSE

All three swims (1 km, 2 km and 4km) will commence at an in-water Start line located at the eastern end of the course, see Course Map.

The 4kmswim will start first, followed by the 2 km, with the 1 km starting last.

Swimmers in the first wave (for the 4 km swim)willbe requested to prepare to enter the water at 8:25am and then requested to enter the water at 8:28am,ready for an8:30amstart.

Each subsequent swimwill start at two minute intervals thereafter.

The Event will have a designated time limit of 2:00 hours after the start of the last 4 km wave.

To monitor and ensure swimmers maintain the correct course, paddlers will be stationed around the course, at turning buoys and between the pink course buoys. However, paddlers are not to assist or interfere with any swimmer unless that swimmer indicates the need of assistance or is to be removed from the water, as directed by the Referee.

#### 3.1 Course Details

- 1. The Start Line will be set between the Starter on the beach and Referee Jet Ski in the water located slightly west of the Finish Line.
- 2. Swimmers will go around the rectangular course in a clockwise direction keeping all buoys to their right.
- 3. Swimmers competing in the 1 km swim will complete 1 lap of the course.
- 4. Swimmers competing in the 2 km swim will complete 2 laps of the course.
- 5. Swimmers competing in the 4 km swim will complete 4 laps of the course.
- 6. The corners of the rectangular course are marked by three yellow Turn Buoys and one Green Final Turn Buoy.
- 7. Two pink Course Buoys will be deployed and anchored mid-way along the two east-west legs of the rectangular course.
- 8. Swimmers should keep within the boating exclusion zone marked by the three yellow pencil buoys on the north side of the course.
- 9. After rounding the green Final Turn Buoy on the last lap, swim toward the two black and white chequered finish line buoys deployed and positioned just in front and either side of the In-water Finish Gate (timing sensor).
- 10. The In-water Finish Gate will be located as close to the water's edge as is practicable. Times will be recorded as swimmers touch the Finish Gate.
- 11. After passing under the In-water Finish Gate, swimmers willwalk directly up the beachthrough the Finish Chute and to the Recovery Zone, where a secondary timing sensor will record a backup time.









# **4.0 EVENT OFFICIALS**

Title	Name	Phone Number
Event Coordinator	Stephen Ferguson	0414 359 402
Race Director	Joel Lewis	0419 913475
Safety Officer	Greg Cockram	0427 279 004
Referee	Ron Gray	0417 920 179
Timekeeper	Hazel Cockram	0438 880 243
Course Officer	Barb Pellick	0409 296 469

## **5.0 ENTRIES**

- 1. Only well prepared and medically fit swimmers should take part.
- 2. Swimmers with pre-existing medical conditions that may be of concern to the Event organisers are requested to advise the Race Director of their condition at registration on the day of the Event.
- 3. Entry to the Event will require the pre-registration of swimmers details.
- 4. Pre-registrations are only permitted through the on-line registration service (provided by BlueChip Timing), except that the registration of late entries will be accepted on the day of the Event (see below).
- 5. On-line pre-registration of entries will open on Friday 1 December 2017.
- 6. Early bird on-line pre-registration of entries will close at 11:59pm on Sunday 31 Dec 2017.
- 7. Regular on-line pre-registration of entries will close at 12:00pm(noon) on Thursday 25 Jan 2018.
- 8. Late registration of entries will close at 8:00am on the day of the Event, Friday 26 Jan 2018.
- 9. Entry fees willbe as set out in Table 1.

**TABLE 1: ENTRY FEES** 

Early Bird	Regular	Late
Up to 11:59pm 31/12/17	Up to 12:00pm 25/1/18	Up to 8:00am 26/1/18
\$30	\$35	\$40

- 10. Pre-registration of entries will only be accepted on-line if accompanied by full payment of the relevant entry fee.
- 11. All online entries must be accompanied by an electronic Event Terms & WaiverForm.
- 12. Late entries can be accepted on the day of the Event using a printed entry form available on-line at http://www.mandurahmannas.org.au/2018australiadayopenwaterswim, which includes an Event Terms & Waiver Form and must besigned.









- 13. All Event Terms & Waiver forms for late entrants under the age of 18 years on the day must be signed by a parent or guardian of the swimmer, and the parent or guardian must be present at registration and remain present for the duration of the Event.
- 14. Late entries may be subject to a total field cap at the discretion of the Event Coordinator.
- 15. Wave allocation for late entries will depend on totalnumber of swimmers.
- 16. Late entries will be eligible for prizes.
- 17. There is a stipulated minimum age for all swimmers, where the age of the swimmer (for insurance purposes)isdetermined on the day of the swim, as specified in the Table 2.

**TABLE 2: MINIMUM SWIMMER AGE** 

Distance	Age
1 km	11 Years
2 km	12 Years
4 km	12 Years

18. Subject to this minimum age limit, all swims are open to all ages provided they can finish the swim by the stipulated timelimit.

### **6.0 RACE DAY SCHEDULE**

#### 7:00am:

1. Open swimmer registration for both pre-registered and late entries

## 8:00am:

- 1. Registrations close
- 2. Swimmers asked to assemble "Ready to Swim" in front of the Registration Area for the Official Welcome and singing of the National Anthem.
- 3. Swimmers asked to move to the Briefing Area on Doddi's Beach west of the Groyne, adjacent to the Finish and Recovery Zone.

### 8:15am

1. Announcer conducts Compulsory Swimmers Briefing on the beach adjacent to the Start Line.

### 8:25am

1. Request swimmers in the 4 km swimto prepare to enter water

## 8:28am

- 1. Request swimmers in the 4 km swimto enter water and swim to the Start line
- 2. Request swimmers in the 2km swim to prepare to enter water









## 8:30am

- 1. Start swimmers in the 4 km swim
- 2. Request swimmers in the 2 km swim to enter water and swim to the Start line
- 3. Request swimmers in the 1km swim to prepare to enter water

#### 8:32am

- 1. Start swimmers in the 2 km swim
- 2. Request swimmers in the 1 km swim to enter water and swim to the Start line.

#### 8:34am

1. Start swimmers in the 1 km swim

## 10:30am (Approx.)

1. The swim concludes when the last swimmer exits the water or 2:00 hours after the last wave of the 4km swim start, whichever occurs first.

### 11:15am

1. Prize ceremony presentation and results

### 11:30am

1. Event concludes

#### 7.0 RACE DAY REGISTRATION

- 1. Pre-registered swimmersand late entries will register from 7:00am to 8:00am at registration tables in the Registration Area inside the Mandurah Yacht Club building.
- 2. Swimmers with pre-existing medical conditions that may be of concern to the Event organisers are requested to advise the Race Director of their condition upon registration on the day of the Event.
- 3. Swimmers will be given swim caps (a different colour for each distance). It is compulsory to wear the swim cap for the duration of the swim.
- 4. Swimmers will be given a timing band to be worn on the left wrist. It is compulsory to wear the timing band.
- 5. Swimmers will be given individual swim numbers that will be fixed on their right upper arm and right shoulder blade, as well as, if appropriate, written on the swim cap. In the event that the right upper arm and shoulder blade is covered by swimwear, the swim number must be fixed on the swimmer's right lower arm or written on the back of the righthand.
- 6. Large Course and Venue Maps, as well as a copy of the 2017/18 MSWA OWS Local Rules will be on display on the Notice Board in the Registration Area for swimmers to refer to ahead of the Compulsory Swimmers Briefing.









# 8.0 SWIM CAP COLOUR

4km Swim: Wave 1: Yellow 2km Swim: Wave 2: Green 2km Swim: Wave 3: Orange 1km Swim: Wave 4: Purple

### 9.0 COMPULSORY SWIMMERSBRIEFING

A Compulsory SwimmersBriefing will be given at 8:15 am when the swim course will be outlined and swim information will be addressed in accordance with MSWA Local OWS Rules by delegated Club presenter.

Swimmers who are not present for the Compulsory Swim Briefingwill not be allowed to swim.

## 10.0 GENERAL RULES (APPLICABLE TO ALL SWIMMERS)

#### **10.1 Rules**

The Event is conducted under MSWA Local OWS Rules, including:

- 1. A time will be electronically recorded for all swimmers.
- 2. Wetsuits may be worn, but swimmers wearing wetsuits will not be eligible to win prizes
- 3. FINA swimwear restrictions shall not apply to this Event
- 4. No paddles, fins, flotation devices or swimming aids are permitted. Snorkels maybe allowed at the discretion of the Event Coordinator
- 6. No watches, heavy jewellery or fit bands are permitted to be worn
- 7. Due to the risk of injury to other swimmers, no breaststroke kicking at the markerbuoys nor when in close proximity to other swimmers. Head up freestyle can be used for sighting and negotiating turns.
- 8. No personal paddlers are allowed
- 9. Official swim caps must be worn on heads at all times
- 10. Commercial craft have right of way
- 11. Swimmers found displaying unsporting conduct will be disqualified
- 12. In shallow water, swimmers may stand to rest but should only resume swimming from a standing start; i.e. no forward diving or walking is permitted.
- 13. Swimmers wishing to cool down after the Event should remove their swim cap and cool down away from the Event course.

### 10.2 Referee

The Referee shall:

1. Enforce all the rules covering the Event and decide all questions relating to the actual conduct of the Event, the final settlement of which is not otherwise covered by the









applicable rules;

- 2. Have the authority to intervene in the competition at any stage to ensure that these rules are observed;
- 3. Adjudicate on all protests related to the competition in progress;
- 4. Give a decision in cases where the Judge's decision and times recorded do not agree;
- 5. Have the authority to disqualify any swimmer for any violation of the rules that he personally observes or which are reported to him by other authorised officials; e.g. Swimmers:
  - a) displaying unsporting conduct; or
  - b) failing to complete the course, see Section 3.0
- 6. Demonstrate at the Compulsory Swimmers Briefing, the flag signal that a start is imminent and the drop of flag and sounding of the air horn to signal the start of the swim.
- 7. Start the swim

## 11.0 START PROCEDURE

The start (for all distances) will be as follows;

- a) Follow the instructions of the Marshals and do not enter the Start Area/Chute or water until you are instructed to do so.
- b) Swimmers must go through the Start Chute for swimwear and jewellery inspection.
- There will be a deep water or standing start on a line defined by the Start Line Buoys.
- d) At approximately 2 minutes to go, swimmers will be instructed to enter the water and make their way to the Start Line. Please self-seed on the Start Line with faster swimmers at the front.
- e) Once all swimmers are deemed to be ready, the race flags will be raised to signify a start is imminent (Referee to demonstrate at Compulsory Swimmers Briefing).
- f) The start of eachwave of swimmers will be signalled by the sounding of an air horn and drop of flag (Referee to demonstrate at Compulsory Swimmers Briefing).

Please be kind to slower swimmers who you may catch along the course.

## 12.0 CANCELLATION

In the event of unfavourable conditions or circumstances that could compromise the safety of participants, the Race Director has the right to cancel the Event.

The decision shall be made by the Race Director in consultation with the Event Coordinator, the Referee and Safety Officer.

If the Event is cancelled, entry fees will not be refunded.

## 13.0 PRIZES

A presentation ceremony will be held in the Presentation Area in front of the Mandurah Yacht Club









building at approximately 11:15 am or as soon as practicable after the last swimmer has completed the swim and electronic results have been reviewed and compiled by the Timekeeper.

All swimmers, including late entrants, are eligible for prizes with the exception of swimmers wearing wetsuits or those disqualified for breaches of the rules.

For each swim, the 1<sup>st</sup> male and 1<sup>st</sup>female swimmerwill be awarded the following cash prizes:

- 4km Swim— \$200
- 2km Swim \$100
- 1km Swim \$50

The swimmer in each swim (4km, 2km and 1km) whose time is closest to their nominated time will be awarded a prize.

In addition to the above prizes, the male and female winner in each MSA Age Group in the 4km and 2km swims (not 1km swim) will be awarded a prize of an Australia Day towel.

MSWA OWS points will be award for all swims in accordance with the 2017/18 MSWA OWS Point Scoring System; i.e. the 1km swim is a Tier C Event, and both the 2km and 4km swims are Tier B Events.

### 14.0 REFRESHMENTS

- All swimmers, officials and volunteers will be provided withdrinks.
- All officials and volunteers will also be provided with food at the conclusion of the Event.





