



# MASTERS SWIMMING WA

## LiveLighter 2017 State Championships

### LONG COURSE MEET

Saturday 29<sup>th</sup> & Sunday 30<sup>th</sup> April 2017  
HBF Stadium - Mt Claremont



Masters Swimming WA's premier annual event for Clubs and members to enjoy participating as a team and challenging themselves in individual events

## PROGRAM OF EVENTS

**Members can swim in a maximum of 4 events in one day or 6 events over the weekend**  
(individual events – not including relays)

### Saturday events start @ 1.00pm

**12.00 – 12.45pm – Supervised Warm-up - Please obey Lane Signage**

Event	1	200m	Individual Medley
Event	2	50m	Breaststroke
Event	3	100m	Freestyle
Event	4	200m	Backstroke
Event	5	100m	Breaststroke
Event	6	50m	Freestyle
Event	7	200m	Butterfly
Event	8	4 x 50m	Medley Relay - Women
Event	9	4 x 50m	Medley Relay - Men
Event	10	4 x 50m	Freestyle Relay - Mixed

### Sunday events start @ 9.00am

**8.00 am – 8.45 am – Supervised Warm-up - Please obey Lane Signage**

Event	11	200m	Breaststroke
Event	12	50m	Butterfly
Event	13	100m	Backstroke
Event	14	200m	Freestyle
Event	15	50m	Backstroke
Event	16	100m	Butterfly
Event	17	4 x 50m	Freestyle Relay – Women
Event	18	4 x 50m	Freestyle Relay - Men
Event	19	4 x 50m	Medley Relay – Mixed

***Presentations at end of meet***



Department of  
Sport and Recreation





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#### LONG COURSE MEET

**Saturday 29<sup>th</sup> & Sunday 30<sup>th</sup> April**

HBF Stadium, Stephenson Ave, Mt Claremont

#### Event Details

Conducted by	Masters Swimming WA is a sanctioned event for members only – Masters members from other States are welcome to participate as visitors although not eligible for awards. All swimmers must be financial Masters Swimming members in order to enter.
Includes Presentations	LiveLighter State Championships presentation function to be held in the HBF Stadium Lecture Theatre at the end of Sunday's events. Light refreshments and tea/coffee provided prior to presentations. Cash bar available for purchase of ALL cold drinks.
Spectators	Free pool entry (provided by MSWA)

#### Entries via Club Captains

<b>Open Now</b>	<b>Up to 6 individual events over weekend</b> – maximum of 4 events can be swum in 1 day. Any number of relays can be swum; however, members must swim in at least one individual event to be eligible to swim in a relay.
Registration Fees	<ul style="list-style-type: none"> <li>➤ Swim Meet registration fee (per person – <u>includes pool entries</u>) \$20</li> <li>➤ Individual event fee (per event) \$5</li> <li>➤ Relay team fee (per team) \$10</li> </ul>
<b>Entries Close</b>	<ul style="list-style-type: none"> <li>➤ <b>For members</b> with your Club Captain by - Friday 7<sup>th</sup> April</li> <li>➤ With Sandra Mutch via Team Manager file (Club Captains) by - Friday 14<sup>th</sup> April</li> <li>➤ Completed Payment Summary Form with payment to MSWA by - Friday 14<sup>th</sup> April</li> </ul>
Individual Entry Process <b>for Club Captains</b>	<ul style="list-style-type: none"> <li>➤ Invite members to nominate via email their chosen events with event numbers and nominated times by - Friday 7<sup>th</sup> April</li> <li>➤ Transfer data into Team Manager (or Team Manager Lite) file with assistance from State Recorder Sandra Mutch if required</li> <li>➤ Email TM file to Sandra via <a href="mailto:sandragdm@bigpond.com">sandragdm@bigpond.com</a> (Tel 0417 974 417) by Friday 14<sup>th</sup> April</li> </ul>
Relay entry process for Club Captains	<ul style="list-style-type: none"> <li>➤ Enter relays into Team Manager and email file as per Individual Entries</li> <li>➤ Use Relay Entry sheet provided for reference at the meet if required</li> <li>➤ Changes to relay teams to be submitted on "Relay Notification of Change Sheet", to Event office <u>prior to finish of Event 4 on Sat 29<sup>th</sup> and Event 16 on Sun 30<sup>th</sup> April</u></li> </ul>
Payment <b>Payment by EFT is preferred.</b>	Post completed Payment Summary Form with Club cheque to <b>MSWA, Beatty Park Leisure Centre, 220 Vincent St, North Perth WA 6006</b> OR Pay by EFT: <b>CBA BSB 066-103 A/C 1000 4275</b> (scan & email docs at the same time) to reach the MSWA office by <b>Friday 14<sup>th</sup> April</b>

#### Event Trophies

Vorgee Male & Female Swimmers of the Meet	➤ Points scored according to records set (World, National or State) & swim meet results (criteria included in program)
Male & Female age group winners	➤ As above
Top Club	➤ Club scoring most points
Top Country Club	➤ Country Club scoring most points
Handicap Trophy	➤ Club scoring most points according to members participating
Have a Go News Encouragement Award – <i>nominations due by Event 4 Sat 29<sup>th</sup> April</i>	➤ 4 volunteer members chosen by MSWA Board receive a prize from Have a Go News



Department of Sport and Recreation

